# Sign Language Translation from Instructional Videos

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Abstract

The advances in automatic sign language translation (SLT) to spoken languages have been mostly benchmarked with datasets of limited size and restricted domains. Our work advances the state of the art by providing the first baseline results on How2Sign, a large and broad dataset.

We train a Transformer over I3D video features, using the reduced BLEU as a reference metric for validation, instead of the widely used BLEU score. We report a result of 8.03 on the BLEU score, and publish the open-source implementation to promote further advances.

# 1. Introduction

Sign language translation (SLT) is the task of translating continuous sign language videos into spoken language sentences. SLT is a challenging multimodal problem that requires both a precise understanding of the signer's pose and the generation of a textual transcription. The current state of the art for automatic SLT is still far away from considering the problem solved [8, 12, 14, 45, 47, 48].

Recent advances in SLT have followed a trajectory similar to other computer vision and natural language processing problems: training deep neural networks on large-scale datasets. However, the availability of public sign language datasets is limited and especially reduced when considering parallel corpus of videos and their textual translations. Up to date, the most used dataset to assess the progress in SLT is PHOENIX-2014-T [20], with only 9.2 hours of video recordings on the restricted weather forecasts domain.

In this work, we consider a much larger and complex dataset, How2Sign [19], which contains almost 80 hours of instructional videos from 10 different topics. In addition, we explore and suggest using an alternative metric [17], *reduced BLEU* (rBLEU) to better characterize the performance and choose better checkpoints during training.

We provide open code and models which allows reproducibility and adaptation to other datasets.<sup>1</sup>

# 2. Related Work

Sign language video understanding has been addressed from a variety of tasks: sign language recognition (SLR) over isolated or continuous signs [1, 15, 21, 22, 32, 34, 36], sign language translation (SLT) [7, 13, 20, 25], sign language production (SLP) [38–42] or retrieval [18]. Our work focuses on sign language translation.

Table 1 shows the current state of the art in terms of the BLEU metric for different SLT benchmarks. Reasonable scores in the range between 29 and 60 BLEU have been reported in three datasets of limited vocabulary size: KETI [26], PHOENIX-2014T [6], and CSL Daily [48].

Our work aims at the more open domain of instructional videos across 10 different topics, to set the first SLT baselines on the How2Sign [19] dataset. This dataset has been used for other sign language-related tasks [5, 18], but never for SLT.

While the scores are not directly comparable, our baselines are similar to OpenASL [43]. Other works on alternative datasets of large scale obtained very poor BLEU scores: 1.0 in BOBSL [3], 0.4 in SWISSTXT-NEWS [9], 0.4 in VRT-NEWS [9], or 0.37 in SRF [44] and 0.84 in Focus-News [17] in the WMT shared task on sign language translation 2022 [33].

# 3. Data Preprocessing

One of the main challenges in SLT is the variability and complexity of sign languages, which can be influenced by a variety of factors such as the signer's background, context, and appearance. Therefore, it is important to preprocess the data to reduce this variability. This includes techniques such as visual feature extraction and normalization, as well as standardizing the format of the target data.

#### 3.1. Video tokenization

We choose I3D features [10] to extract video representations directly from the RGB frames, motivated by their effectiveness in the sign recognition [23,28] and retrieval [18] tasks. I3D features consider not only visual cues, but also temporal information. As a result, they provide a dense and

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<sup>&</sup>lt;sup>1</sup>https://github.com/imatge-upc/slt\_how2sign\_wicv2023

Dataset	Duration(h)			Vocabulary(K)			BLEU	Domain
	train	val	test	train	val	test		
KETI [26]	20.05	2.24	5.70	$\leftarrow$	0.49	$\rightarrow$	57.37 [ <mark>26</mark> ]	Emergency situations
PHOENIX-2014T [6]	9.2	0.6	0.7	2	0.9	1	25.59 [46]	Weather Forecast
CSL Daily [48]	20.62	1.24	1.41	2	1.3	1.3	23.92 [11]	Daily life
OpenASL [43]	$\leftarrow$	288	$\rightarrow$	$\leftarrow$	33	$\rightarrow$	6.72 [43]	Youtube (news + vlogs)
How2Sign [19]	69.6	3.9	5.6	15.6	3.2	3.6	8.03 (Ours)	Instructional

Table 1. Comparison between SLT datasets based on the duration of the videos (in hours), number of unique words (in thousands) in the vocabulary and SOTA on SLT without glosses.  $\leftarrow \rightarrow$  indicate that in some cases only statistics on the whole dataset are provided.

reliable source of visual cues as input to our models.

The original I3D network is trained on ImageNet [16] and fine-tuned for action recognition with the Kinetics-400 [24] dataset. As shown in [2, 17, 18, 29, 35, 43], further fine-tuning with sign language data is needed to properly model the temporal and spatial information present in them. We used the I3D features provided in [18].

## **3.2.** Text processing

Text preprocessing is an important step in preparing raw text data into a more suitable format for NLP models.

Similar to NLP pipelines, our system first converts raw text to lowercase. We employ the Sentencepiece tokenizer [27] to segment the lowercase text into sub-word units. Sub-word tokenization requires specifying a fixed vocabulary size, which has trade-offs in terms of better representation and computational efficiency. To ensure a fair assessment of the system's performance, it is necessary to compare the model outputs to the original test set without any prior processing. However, this approach may result in a lower BLEU score, as the model generates text based on preprocessed data. Therefore, we implement a postprocessing step, that involves detokenization and truecasing [30], to restore the original capitalization.

# 4. Methodology

The building blocks of our implementation are depicted in Figure 1. The input video stream is tokenized with a pretrained I3D feature extractor. These tokens are fed into the encoding Transformer layers. The Transformer decoder operates with lowercase and tokenized textual representations.

## 4.1. Neural architecture

We use a standard transformer encoder-decoder. We choose an asymmetric encoder-decoder with six encoder layers and three decoder layers, each with four attention heads, we select an embedding dimension of 256 and feed-forward network hidden size of 1024, which corresponds to ID (17) from Table 3.



Figure 1. The input video sequence is fed into a Transformer to generate the output text sequence.

#### 4.2. Implementation details

In our implementation, we first preprocess the vocabulary as described in Section 3.2, with a vocabulary size of 7000 subwords.

For training, the batch size is set to 32, and we use cross entropy loss with label smoothing of 0.1. We select the Adam optimizer, we warm-up the learning rate for the first 2000 updates, and then we apply a cosine decay from  $10^{-3}$ to  $10^{-7}$  with warm restart every  $1.7 \cdot 10^4$  steps. We train the model for  $10^5$  steps, equivalent to 108 epochs. We perform validation every two epochs. Our training process takes 3.5 hours on a single NVIDIA GeForce RTX 2080 Ti GPU.

For inference, we adopt steps commonly used in machine translation and use beam search algorithm to generate predictions, we choose a beam size of five.

	val				test					
	rBLEU	BLEU-1	BLEU-2	BLEU-3	BLEU	rBLEU	BLEU-1	BLEU-2	BLEU-3	BLEU
Ours.	2.79	35.2	20.62	13.25	8.89	2.21	34.01	19.3	12.18	8.03

Table 2. Best scores on How2Sign for Sign Language Translation.

## 4.3. Evaluation protocol

To measure the performance of our SLT models, we use BLEU score  $[37]^2$ .

The difficulty of the SLT task causes a bias in the model prediction towards most statistically frequent patterns, such as Example (2) in Table 4. These patterns can inflate the BLEU scores without actually translating anything meaningful. Inspired by [17] we compute reducedBLEU (rBLEU). This metric consists of removing certain words from the reference and the prediction before computing the BLEU score. We create a blacklist of words that are frequently used in the training data but do not contribute much to the meaning of the sentences. Table 4 shows a comparison between rBLEU and BLEU metrics.

Focusing on concrete examples, row (2) in Table 4, shows that both the prediction and the reference contain the phrase "In this clip I'm going to show you how to", which is one of the frequent patterns on the instructional dataset. This pattern inflates the BLEU score, while it does not affect the rBLEU score, which is low, suggesting that sentences have different meanings.

Our experimental results indicate that rBLEU is a more reflective indicator of actual performance than traditional BLEU, for low-resource settings that also have repetitive patterns, given that it considers mostly semantically meaningful words. In order to provide comparable results with other works, we also report standard BLEU in our results.

## **5. Experiments**

The performance of our proposed approach is shown in Table 2. We evaluate our models using the metrics described in Section 4.3 and provide examples of generated spoken language translation sentences.

### 5.1. Quantitative results

Our implementation achieves results reported in Table 2. To the authors' knowledge, these are the first published results for SLT obtained with the How2Sign dataset. The table displays the results of our best configuration, which provides a baseline from where future work can build upon.

#### 5.2. Qualitative results

We provide a qualitative assessment of the results in Table 4, showing a few spoken language translations generated by our best-performing model. Words used to compute rBLEU are in bold.

Example (1) demonstrates the ability of our model to provide detailed translations even for complex words like "*women's self defense*". Our metrics indicate both high BLEU and rBLEU scores meaning that the model is generating a good translation, considering both full sentences and meaningful words.

However, our results also suggest that this is not always the case. For instance, in Example (2), BLEU is higher than rBLEU. As mentioned in 4.3, BLEU score is high due to the repetitive patterns frequent in the instructional dataset. Given that high BLEU scores can be misleading due to their susceptibility to frequent phrases, we emphasize the importance of using rBLEU instead of BLEU when selecting the best checkpoint.

The provided examples suggest that the models' performance may depend on the complexity and length of the signed video. We observed that the model was able to provide reasonably accurate translations for short sentences, but not for sentences like Example (4).

Example (5) illustrates the reason behind the disparity between rBLEU and BLEU metrics, explained in Section 4.3. In this case, despite obtaining a high BLEU score and an accurate translation, the corresponding rBLEU score is zero due to the reduced number of remaining words for rBLEU calculation, which is less than four.

Overall, the findings suggest that the model's quality is still suboptimal, as demonstrated by Example (3), which has comparable metrics to the overall performance.

#### **5.3.** Hyperparameter search

Transformer under low-resource conditions is highly dependent on hyperparameter settings [4]. Our experiments show that using an optimized Transformer improves the translation quality over 3.47 BLEU points and 1.8 reduced BLEU points compared to the default hyperparameters for SLT.

Table 3 shows the hyperparameters that we optimize. Default hyperparameters for SLT come from [8].

A current observation in Transformers is that increasing the number of parameters will improve the performance.

<sup>&</sup>lt;sup>2</sup>Other SLT papers use BLEU-4 instead of BLEU. It represents the same score, we use BLEU for simplicity.

	Values
Text preprocessing	$\{$ <b>yes</b> , no $\}$
Vocabulary size	$\{1k, 4k, 7k\}$
Batch size	{ <b><u>32</u></b> , 64}
Learning Rate (LR)	{5e-2, <u>1e-3</u> , 5e-3}
LR scheduler	{ <b>cosine</b> , inv_sqrt}
Warm-up steps	$\{0, \underline{2k}, 4k\}$
Warm restarts period	$\{\underline{0}, \mathbf{17k}, \mathbf{22k}\}$
Weight Decay	$\{\underline{1e-3}, 1e-2, 1e-1\}$
Label Smoothing	{ <u>0</u> , <b>0.1</b> }
Dropout	{0, <u>0.1</u> , 0.2, <b>0.3</b> }
# Layers (encoder-decoder)	{2-2, <u>3-3</u> , 4-2, <b>6-3</b> }
Embed dim	{ <b>256</b> , <u>512</u> }
FFN dim	{512, <b>1024</b> , <u>2048</u> }
# Attention heads	{ <b>4</b> , <u>8</u> }

Table 3. Hyperparameters search space. In bold are the optimal ones that we found during validation, and underlined are defaults.

ID		rBLEU	BLEU
	<i>Ref:</i> And that's a great vital point technique for women's		
(1)	self defense.	30.29	38.25
	Pred: It's really a great point for women's self defense.		
	Ref: In this clip I'm going to show you how to tape your		
(2)	cables down.	24.88	64.53
	Pred: In this clip I'm going to show you how to improve		
	push ups.		
	Ref: You are dancing, and now you are going to need		
(3)	the veil and you are going to just grab the veil	4.93	8.04
(3)	as far as possible.	4.75	0.04
	Pred: So, once you're belly dancing, once you've got to		
	have the strap, you're going to need to grab the thumb,		
	and <b>try</b> to <b>avoid</b> it.		
	Ref: But if you have to setup a new campfire, there's		
	two ways to do it in a very low impact; one is with a		
	mound fire, which we should in the campfire segment		
(4)	earlier and the other way to setup a low impact campfire	0.85	3.79
	is to have a fire pan, which is just a steel pan like the top		
	of a <b>trash</b> can.		
	Pred: And other thing I'm going to talk to you is a little		
	bit more <b>space</b> , a <b>space</b> that's what it's going to do, it's		
	kind of a quick, and then I don't want to		
	take a spray skirt off, and then I don't want it to take		
	it to the <b>top</b> of it.		
(5)	<i>Ref:</i> So, this is a very <b>important part</b> of the <b>process</b> .	0.0	61.86
	<i>Pred:</i> It's a very <b>important part</b> of the <b>process</b> .	0.0	01.00

Table 4. Qualitative examples from our best-performing model. In bold the words remaining to compute rBLEU. Corresponding input frames from examples can be found in Appendix A.2

However, in low-resource languages, increasing the number of model parameters can hinder performance [47]. We study this effect by changing the number of layers in the encoder and decoder, the number of attention heads, the feedforward layer dimension, and embedding dimensions.

Since the optimization of the learning rate (LR) is dependent on the number of parameters of the model, we tune it together with other hyperparameters related to the architecture size. Furthermore, we introduce the use of LR scheduling of cosine with warm restarts [31], which has been shown to perform better than alternatives. Our experiments point to the direction that smaller models obtain better results, for example using an encoderdecoder configuration of 2-2, with an embedding dimension of 256, feed-forward dimension of 512 and 4 heads, the model achieves 1.37 rBLEU. Due to the fact that the input data is by far more complex than the output, we choose to carry out further experiments with both the best symmetric model and the asymmetric, but a priori we do not observe much improvement.

Given the observed overfitting on bigger models, we add regularization by adding dropout, weight decay, and label smoothing. We observe that adding regularization to big models outperforms the rest of configurations. For our final model, with the parameters highlighted in 3 we see substantial improvement by using dropout of 0.3, weight decay of 0.1 and label smoothing of 0.1, obtaining a val rBLEU of 2.79, which improves the best model without regularization by 1.85 rBLEU.

# 6. Conclusions

In this work, we made an open-source implementation that can serve as a first baseline for Sign Language Translation on the How2Sign dataset. We achieved BLEU score of 8.03, which indicates a certain degree of understanding of the signed utterances. This value is on-par with the best results reported for OpenASL [43], the most similar publicly available dataset of comparable complexity.

Furthermore, we have done an extensive hyperparameter search and shown that tuning is necessary to obtain the best set of results. The best results are obtained with a bigger than baseline Transformer trained with great amounts of regularization.

Our quantitative and qualitative evaluations have led us to conclude that rBLEU is a suitable evaluation metric for similar benchmarks, particularly in cases where datasets are low-resource with frequent repetitive patterns. In contrast to the traditional BLEU score, which may be inflated due to these patterns, rBLEU provides a more accurate evaluation that better reflects the model's performance.

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